

Rainbow Preschool - Toddler Tumble Group



ALL NEW!!! STARTING THIS SUMMER!!

SUMMER SESSION: 7/06/09-8/14/09

FALL SESSION: 9/14/09 -6/21/10

Day/Time: Tuesday Mornings from 9:30-10:30 in the Rainbow Preschool Gym

Location: Batavia Rainbow – 45 Liberty St. Suite 4, Batavia, NY 14020

Instructors: Carrie Wilson, MS/OTR/L Registered Occupational Therapist & Aleka Schmidt, Music Therapist-MTLCAT

Your children will be motivated to explore movement with music, increase social skills, and give them the opportunity to enhance motor coordination while discovering creative freedom!!

The Toddler years are a time of tremendous motor and social development! Children typically develop motor skills from gross to fine, meaning large muscle groups (trunk, legs, arms) to the refined movement of their hands, (use of classroom tools such as a pencil and scissors). Adequate strength, muscle control, and balance are required to perform higher-level motor tasks. Occupational Therapy, or OT, works with children to promote age appropriate motor development. Motor development includes gross motor skills (whole body muscles), fine motor skills (hands only muscles), visual perceptual skills (eye hand coordination), and motor planning (learning new motor skills). OT works to strengthen muscles, maintain functional range of motion in the joints, and perform functional motor tasks with smooth coordination. OT also encompasses sensory processing skills, meaning the body's ability to take in information from the environment (sight, sound, movement, and touch) and respond safely and appropriately.

Music therapy is a motivating and creative way to reach children and promote learning and social skills. Music speaks to our bodies...it can calm us, and it can alert us. Music can help motor responses to be more controlled, such as moving faster or slower, or teaching a sequence of steps (motor planning). It also reinforces social skills such as attention, interaction with friends, following directions and following a routine.

Our goal is to support children in exploring and learning movement through a variety of positive experiences and activities. We use music to invite play, imagination, and creativity into our developmentally appropriate motor group. We invite families to come together to learn and share with their children as this will increase social connections your children will make with you, adults and their same age peers. Children will have the opportunity to develop age appropriate motor skills with increased strength and endurance, practice new skills with experienced therapists, and achieve critical developmental motor milestones!

By combining Music Therapy with Occupational Therapy in a holistic approach, your children will participate in a variety of developmentally appropriate motor activities, build social relationships, all while having fun with other children their age!!

For more information, call Carrie Wilson, OTR at 344-4404 at Rainbow